

Appendix D GLOSSARY

Care pathway	A pre-determined plan of care for patients with a specific condition
Elective Care	A planned admission to hospital
Evidence based care	Is care that has been systematically, scientifically studied as to its effectiveness
Expert Patient Programme (EPP)	Programme designed to teach good self care and self management skills to people with long term conditions.
Extra Care Housing	Describes a type of specialised housing that provides independence and choice to adults with varying care needs and enables them to remain in their own home.
Independent Living	<i>'all disabled people having the same choice, control and freedom as any citizen at home, at work and as a member of the Community'</i> <i>Disability Rights Commission</i> is about securing the rights and entitlements which will ensure disabled people enjoy the same substantive freedoms everyone expects in order to lead the lives they wish to lead
Incidence	A figure describing the number of new diagnoses in a defined period
Individual budgets	A sum given to an individual, to allow them control over the way the money is spent on their care needs.
Mobility services	The services which help people with personal mobility both indoors and outdoors
Personalisation	The process by which state provided services can be adapted to suit individuals. This means everyone having choice and control over the shape of their support along with a greater emphasis on prevention and early intervention
Person-centred care planning	A process of life planning for individuals based on the principles of inclusion and the social model of disability.
Prevalence	A figure describing the number of people living with a condition or need
Rehabilitation (egs)	Describes a process whereby people are assisted to re regain or re-learn skills lost

	as a result of illness or accident or to learn new skills they have not had before. Rehabilitation is a process involving a range of approaches: clinical, social, vocational and educational.
Self directed care	A change to the way the health and care system operates to give choice, control and power over the support received
Service User	Anyone who uses, requests, applies for or benefits from health or local authority services.
Telecare/Telehealth	A combination of equipment and monitoring that helps individuals to remain independent at home